
CENTER FOR DISABILITIES AND DEVELOPMENT

Possibilities in Education and Training

A quarterly publication of the Center for Disabilities and Development, Iowa's University Center for Excellence on Disabilities at University of Iowa Children's Hospital, Iowa City, Iowa 52242-1011

It Feels Good to Be Back Home

By Mike Hoenig, Program Coordinator, State and Community Projects- Center for Disabilities and Development

Dorothy Spratt loves Iowa City. After living in Carbondale, Illinois for almost two years, she decided it was time to move back home.

"I missed my friends here in Iowa City," Dorothy explains. "I told Ronnie, a worker who helped me in Carbondale that I wanted to move back to Iowa. She helped me find a program."

That program turned out to be Money Follows the Person (MFP), a program for Medicaid recipients on select Medicaid waivers who want to move from a congregate setting to the community. MFP employs transition specialists who assist participants with the many arrangements associated with the move and are available to provide and coordinate intensive supports during the first year following the individual's transition.

Dorothy's transition specialist, Jonnie Cagley, located a provider, Caring Hands and More, which had an opening and would be able to meet Dorothy's needs. Before the move, Dorothy talked with agency staff and learned about the house where she would be living.

"I moved on March 16, 2015," explains Dorothy. "Jonnie helped me find a table, recliner and dresser."

"I was scared when I first moved back," Dorothy tells me. "But then my sister from Williamsburg and my two best friends came to see me. That really helped."

Once settled back in Iowa, it didn't take Dorothy long to "get back in the swing of things." "I love going shopping with my two best friends," she explains. "I like it here because I get to do the things I enjoy—like cooking and watching the Hawks basketball and football."

Dorothy has accomplished a lot in the 15 months since moving back to Iowa. When asked what she was most proud of, she immediately responded, "I've lost 50 pounds, I bought new clothes, and I exercise three hours a day!"

When I ask Dorothy if she has other goals, she tells me that she hopes to go back to work—preferably in a bakery. MFP Employment Services Specialist SueAnn Morrow and staff from

Systems Unlimited in Iowa City are working with Dorothy to turn that hope into a reality.

Dorothy has some good advice for anyone thinking about a similar move. "You have to be patient. It took me about six months. I didn't think I'd ever get here!"

Dorothy, we're glad you made it!

Twenty Six Years On: The Americans with Disabilities Act Anniversary Collection in the Disability Resource Library (DRL)

The ABC-CLIO Companion to the Disability Rights Movement / Fred Pelka. Santa Barbara, CA: ABC-CLIO, 1997.

"Nearly 500 alphabetically arranged entries explore landmark laws and court cases, prominent figures, historic events, issues, notable programs, key concepts, and centers of disability culture and education. With a detailed chronology, extensive cross-referencing, illustrations, and a subject index, this volume is an exceptionally useful reference for anyone seeking to better understand the people and events shaping the American disability rights movement." -OCLC WorldCat

The ABC's of the ADA: Your Early Childhood Program's Guide to the Americans with Disabilities Act / by Karen Ikeda Wood and Victoria Youcha. Baltimore: Paul H. Brookes Publishing Co., 2009.

"...the only clear and simple resource that fully explains the Americans with Disabilities Act (ADA) and shows early childhood programs what they need to do to promote inclusion and ensure compliance with the law." -publisher

Americans with Disabilities: Exploring Implications of the Law for Individuals and Institutions / edited by Leslie Pickering Francis and Anita Silvers. New York: Routledge, 2000.

"Leading philosophers, legal theorists, bioethicists and policy makers offer an incisive look into the philosophical and moral foundations of US disability law and policy and the controversial Americans with Disabilities Act." -OCLC WorldCat

Backlash Against the ADA: Reinterpreting Disability Rights / edited by Linda Hamilton Krieger. Ann Arbor: The University of Michigan Press, 2003.

"For civil rights lawyers who toiled through the 1980s in the increasingly barren fields of race and sex discrimination law, the approval of the Americans with Disabilities Act in 1990 by a nearly unanimous U.S. House and Senate and a Republican President seemed almost fantastic. Within five years of the Act's effective date, however, observers were warning of an unfolding assault on the ADA by federal judges, the media, and other national opinion-makers." -publisher

The Disability Rights Movement / Deborah Kent. New York: Children's Press, 1996.

This Cornerstones of Freedom reader traces the development of the disability rights movement from fighting discrimination against people with disabilities to securing their civil rights.

The Disability Rights Movement: From Charity to Confrontation / Doris Zames Fleischer and Frieda Zames. Philadelphia: Temple University Press, 2001.

“[An] encyclopedic history of the struggle for disability rights in the United States.” –publisher

From Good Will to Civil Rights: Transforming Federal Disability Policy / Richard K. Scotch. Philadelphia: Temple University Press, 1984.

“[This] first edition of *From Good Will to Civil Rights* traced the changes in federal disability policy, focusing on the development and implementation of Section 504 of the Rehabilitation Act of 1973. Richard K. Scotch's extensive interviews with policymakers, leaders of the disability rights movement, and other advocates, supplemented the sketchy official history of the legislation with the detailed, behind-the-scenes story, illuminating the role of the disability rights movement in shaping Section 504.” -publisher

Make Them Go Away: Clint Eastwood, Christopher Reeve & the Case Against Disability Rights / Mary Johnson. Louisville, KY: Advocado Press, 2003.

Ten years after the passage of the ADA, some Americans were fed up with the Americans with Disabilities Act as a vehicle for the civil rights of people with disabilities. As citizens took to the courts to redress perceived limitations on their own rights, government policy and the legal status of the people with disabilities hung in the balance.

To Ride the Public's Buses: The Fight that Built a Movement / edited by Mary Johnson and Barrett Shaw. Louisville, KY: Advocado Press, 2001.

“How could you go to school, or go on a date, or volunteer somewhere if the only trips deemed worth funding for you were medical trips? How could you get a job if you could only get three rides a week? If you were never on time? How could you raise a family, shop for food, get your kids to and from school or wherever, if all the rides were taken up with work trips (and this for a population with a 70% unemployment rate)? Most of all, you heard the oppressive, overbearing message that other people – from the transit authority CEOs and systems managers down to the drivers – could decide better than you – and *would* decide – what it was most worthwhile for you to be doing. You simply did not count...” –foreword

We Overcame: The Story of Civil Rights for Disabled People / by Richard Bryant Treanor. Falls Church, VA: Regal Direct Publishing, 1993.

A detailed account of the social, political and legal milieu surrounding people with disabilities, such as Mr. Treanor, in the buildup to federal legislation addressing the legal rights of Americans with disabilities.

What We Have Done: An Oral History of the Disability Rights Movement / Fred Pelka. Amherst: University of Massachusetts Press, 2012.

“Compelling first person accounts of the struggle to secure equal rights for Americans with disabilities.” -publisher

"A true friend knows your weaknesses but shows you your strengths; feels your fears but fortifies your faith; sees your anxieties but frees your spirit; recognizes your disabilities but emphasizes your possibilities"

- William Arthur Ward

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